

High-Throughput Sequencing Reveals Micrnas from Plasma Exosomes as Potential Pathogenic Factors and Biomarkers for Moyamoya Disease

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1. Abstract

1.1. Background: As a progressive cerebrovascular disorder, moyamoya disease is a common cause of stroke in children and adults. However, search for early biomarkers and the pathogenesis of moyamoya disease remain poorly understood.

1.2. Objectives: We aimed to diagnose moyamoya disease by identifying non-invasive rapid liquid diagnostic biomarkers using plasma exosomal microRNAs (miRNAs).

1.3. Materials and Methods: For the first time, frozen plasma samples from moyamoya disease patients, next-generation high-throughput sequencing technologies, real-time quantitative PCR, gene ontology analysis and Kyoto Encyclopaedia of Genes and Genomes pathway analysis of exosomal miRNA-related target gene functions were used to identify plasma exosomal miRNAs as potential biomarkers of moyamoya disease. The area under the curve of the receiver operating characteristic (ROC) curve was used to evaluate the sensitivity and specificity of biomarkers for predicting events.

1.4. Results: miR-574-5p showed the most significant differential upregulation in the plasma exosomes of moyamoya disease patients. Ten miRNAs (miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-489-3p, miR-487b-3p, miR-501-3p) were found to be associated with the most sensitive and specific pathways for predicting moyamoya disease.

1.5. Conclusions: Plasma exosomal miRNAs could be used to

construct an accurate predictive model for improving moyamoya disease detection.

2. Significance Statement

As a progressive cerebrovascular disease, moyamoya is a common cause of stroke in children and adults. However, early biomarkers and the pathogenesis of moyamoya disease remain poorly understood. We aimed to diagnose moyamoya disease by identifying non-invasive rapid liquid diagnostic biomarkers using plasma exosomal microRNAs (miRNAs). For the first time, frozen plasma samples from moyamoya disease patients, next-generation high-throughput sequencing technologies, real-time quantitative PCR, gene ontology analysis and Kyoto Encyclopaedia of Genes and Genomes pathway analysis analyses of exosomal miRNA-related target gene functions were used to identify plasma exosomal miRNAs as potential biomarkers of moyamoya disease.

3. Introduction

Moyamoya disease is a cerebrovascular disease with unknown aetiology and progressive, occlusive and abnormal collateral vascular networks. However, its pathogenesis is still unknown [1]. As a rare cerebrovascular disease, moyamoya is characterized by bilateral progressive basilar artery stenosis and occlusion and co-existing abnormal reticular vessels. This compensatory collateral circulation network at the bottom of the brain is called moyamoya vessels [2]. The disease usually involves both hemispheres, although in some patients, arterial stenosis or occlusion occurs only on one side, which is called unilateral moyamoya disease [3]. A more specific definition of moyamoya disease is idiopathic occlu-

sion of bilateral vessels in the "Willis" arterial ring. The consensus definition involves the most critical features of the disease, namely, the specific location (Willis ring), pathophysiological properties (vascular occlusion and bilateral involvement), and the most important aetiology (idiopathic) [4]. The incidence rate of moyamoya disease in Northeast Asia is higher than that in other regions, especially in Japan, Korea and China [5]. The incidence and prevalence of MMD in mainland China is reported as 0.59 and 1.01 per 100 000 person-year⁶, respectively. MMD maintains a classical pattern of bimodal age distribution. The first peak occurs around the age of five and the second one around the age of 40. The incidence rate of women is higher than that of men (female-to-male ratios is 1.12) [6].

The pathogenesis of moyamoya disease is not clear and may be related to genetics, immunity, inflammation and other factors. Ring finger protein 213 (RNF213) has recently been identified as a susceptible gene for moyamoya disease [7,8]. Studies have confirmed that the apoptosis-inducing function of the RNF213 gene may negatively be regulated by its ubiquitin ligase, which is highly related to the occurrence of moyamoya disease [9]. However, Sonobe et al. found that mice lacking the RNF213 gene did not spontaneously produce moyamoya disease, which indicated that the loss of function of RNF213 could not fully induce moyamoya disease [10]. Therefore, although RNF213 may be a pathogenic factor of moyamoya disease, its specific mechanism in the pathogenesis of moyamoya disease is still unclear. Moyamoya disease is associated with class I and class II genes of human leukocyte antigen (HLA), although the related genetic genes differ significantly among different races [11]. In moyamoya disease, when smooth muscle proliferates, macrophages and T lymphocytes infiltrate the intimal surface, resulting in intimal hyperplasia and lumen stenosis, which may be the main inflammatory mechanism of the disease [12]. As multimodal three-dimensional angiography technology matures, our understanding of moyamoya disease and the standardization of diagnostic standards have improved. This has increased the worldwide detection rate of moyamoya disease year by year. The treatment of moyamoya disease mainly revolves around surgical intervention. Direct and indirect revascularization surgeries are performed to improve blood circulation in the affected region [13]. However, a clear conclusion has not been reached on the pathogenesis and evolution of moyamoya disease, and there is still lack of effective biomarkers and molecular targeted therapies.

MicroRNAs (miRNAs) are single-stranded RNA molecules that measure approximately 21-23 nucleotides in length and participate in a lot of biological processes. Exosomes play an important role in many physiological and pathological processes, such as antigen presentation in immunity, tumour growth and migration, and tissue damage repair. Exosomes secreted by different cells have differ-

ent components and functions and can be used as biomarkers for disease diagnosis. Exosomes have a lipid bilayer membrane structure, which can protect their coated substances and target specific cells or tissues. Therefore, they can act as a targeted drug delivery system [14]. Studies have found that exosomal miRNAs derived from cerebrospinal fluid of moyamoya disease patients may serve as a novel diagnostic biomarker for diagnosis [15]. However, it is inconvenient to extract exosomes from cerebrospinal fluid. Both plasma and exosome miRNAs can act as diagnostic markers in disease-related studies, and miRNA derived from plasma exosomes can also prevent degradation by RNase. Therefore, this study analysed the miRNAs expressed in exosomes from plasma samples from moyamoya disease patients and healthy individuals via Next-Generation Sequencing (NGS). This analysis quantified the expression profile of exosomal miRNAs and identified statistically correlated miRNAs to determine pathways that potentially mediate the pathogenesis and biomarkers of moyamoya disease.

4. Methods

4.1. Patients

Nine patients diagnosed with moyamoya disease by digital subtraction angiography were enrolled at Peking University Shenzhen Hospital from December 2020 to March 2021. The diagnostic criteria of moyamoya disease were on the basis of the guidelines published in 2012 by the Research Committee on the Spontaneous Occlusion of the Circle of Willis of the Ministry of Health and Welfare, Japan. These patients were between 20 and 65 years old and diagnosed with moyamoya disease (5 males and 4 females). Ten healthy individuals were recruited from the physical examination centre as the control group with the criteria that no obvious intracranial disease diagnosed by CT and no central nervous system disease related history. All patients signed an informed agreement. For peripheral blood collection, 3 mL of peripheral blood from enrolled participants was collected into 5-mL K2EDTA Vacutainer tubes (Junnuo, Chengwu, China). The study was approved by the medical ethics committee of Peking University Shenzhen Hospital.

4.2. Isolation and Identification of Exosomes

The plasma supernatant was collected and centrifuged at 3500 g at 4 °C for 10 min, and then the supernatant was again centrifuged at 12 000 g at 4 °C for 10 min. The precipitate was discarded, and the supernatant was collected for exosome extraction. Exosomes were extracted based on ExoQuick precipitation using an Exo-Quick precipitation system (System Biosciences Inc., CA, United States). Briefly, the plasma supernatant was added to the exosome extraction reagent and centrifuged at 1500 × g for 10 min at 4 °C to pellet the exosomes. The exosomes were resuspended in 10 mM PBS at four times the volume of supernatant. A Nanoparticle Tracking Analysis (NTA) and Transmission Electron Microscopy (TEM) were used to identify the exosome features.

4.3. Western Blot Analysis

Exosomes were dissolved in RIPA buffer (ASPEN, Wuhan, China), and the protein concentrations were determined using BCA Protein Assay Kit (ASPEN, Wuhan, China). Protein extracts were separated by 10% Sodium Dodecyl Sulfate Polyacrylamide Gel Electrophoresis (SDS-PAGE) and blotted onto a Polyvinylidene Difluoride (PVDF) membrane (Millipore, MA, United States). The membranes were incubated with CD63 (Abcam, ab217345) and CD81 (Abcam, ab109201) primary antibodies at 4°C for overnight after blocking with 5% BSA. Next, the corresponding secondary antibodies were incubated at room temperature for 1 h. The protein bands were visualized using Immobilon ECL Ultra Western HRP Substrate (ASPEN, Wuhan, China). A Tanon-5500 Chemiluminescent Imaging System (Tanon Science & Technology, Shanghai, China) was used for visualized imaging.

4.4. RNA Library Construction and Sequencing

First, TRIzol reagent (Invitrogen Life Technologies, Carlsbad, CA) was used to extract total RNA from the exosome pellets following the manufacturer's instructions. The total RNA concentration and quality were quantified using a Qubit3 Fluorometer (Thermo Fisher Scientific, MA, United States) and an Agilent Bioanalyser 2100 (Agilent Technologies, CA, United States).

The small RNA library was constructed according to the QIAseq miRNA Library kit (QIAGEN, Germany). Approximately 100 ng of total RNA was used to prepare the miRNA library, and it was supplemented with to 20 µL water. The library was constructed to ligate at the 3' and 5' ends of small RNA. Then, reverse transcription of the sample was started to obtain cDNA. QIAseq miRNA NGS beads were used to wash cDNA several times according to the manufacturer's instructions. The concentration and quality of the small RNA library were analysed using an Agilent Bioanalyser 2100 (Agilent Technologies, CA, United States). The qualifying small RNA libraries were sequenced on a HiSeq 2500 (Illumina,

San Diego, USA).

4.5. Data Processing and Bioinformatics Analysis

The small RNA sequencing raw data were processed to estimate microRNA expression. In brief, the adapter sequences were trimmed using cut adapt software, and then the Q20, Q30, and GC content of the clean data were calculated. Reads longer than 17 nt and smaller than 35 nt were aligned to human mature microRNA (miRBase release 22.1) using FANSe [16]. The expression of microRNAs (miRNAs) was represented by the RPM value (RPM=read Count*1,000,000/sum of mapped read Count). Differential expression analyses of two groups were performed using the edgeR package. The P values were adjusted using Benjamini and Hochberg's approach for controlling the false discovery rate. miRNAs with false discovery rate < 0.01 and fold change > 2 found by edgeR were considered differentially expressed. The miRNA targets were predicted using the prediction website TargetScan (http://www.targetscan.org/vert_71/). A Gene ontology (GO) enrichment analysis was performed via topGO, and a Kyoto Encyclopaedia of Genes and Genomes (KEGG) pathway analysis was performed using clusterProfiler (kobas2.0-20150126).

4.6. Real - Time Quantitative PCR (RT-QPCR)

The miRNA expression levels were assessed by qRT-PCR. Total RNAs were reverse transcribed to cDNA using the PrimeScript First Strand cDNA Synthesis Kit (Takara, Beijing, China). RT-QPCR was carried out using 2X SYBR green qPCR mix (Takara, Beijing, China) and an ABI 7900HT sequence system (Thermo Fisher Scientific, Inc.). The reactions were incubated at 94 °C for 3 min, followed by 40 cycles at 95 °C for 15 s and 62 °C for 40 s. The primer sequences for the four miRNAs are shown in Table 1. U6 was used as an internal control of miRNAs. Statistical analyses of the results were performed using the 2-ΔΔCT relative quantification method.

Table 1: Information of validated miRNAs.

miRNA	Primers (5'— 3')
hsa-miR-1306-5p	CCACCTCCCCTGCAAACGTCCA
hsa-miR-22-3p	AAGCTGCCAGTTGAAGAACTGT
hsa-miR-34a-5p	TGGCAGTGCTTAGCTGGTTGT
hsa-miR-489-3p	G TGACATCACATATACGGCAGC
hsa-miR-501-3p	AATGCACCCGGGCAAGGATTCT
has-miR-196b-5p	TAGGTAGTTTCCTGTTGTTGGG
has-miR-19a-3p	TGTGCAAATCTATGCAAACTGA
has-miR-320b	AAAAGCTGGGTTGAGAGGGCAA
has-miR-485-3p	GTCATACACGGCTCTCCTCTCT
has-miR-487b-3p	AATCGTACAGGGTCATCCACTT

4.7. Statistical Analysis

Student's t test was applied to RT-QPCR analyzed results to compare the different groups using GraphPad Prism 5.0. ROC curves and AUC values were determined using edgeR package. GO and KEGG pathway analyses were assessed by Fisher's exact test to identify significant results using the edgeR package. P values < 0.05 were significant.

5. Results

5.1. Characterization of Exosomes Obtained from Moyamoya Disease Patient's Plasma

First, the digital subtraction angiography was performed to distin-

guish between moyamoya disease patients and non moyamoya patients (Figure 1A-D). To characterize exosomes derived from moyamoya disease patient plasma, transmission electron microscopy, nanoparticle tracking analysis and western blotting were used to characterize exosome diameters and protein markers. CD63 and CD81 are markers of exosomes, and the western blotting analysis confirmed the isolated exosomes (Figure 1E). Transmission electron microscopy showed a typical rounded morphology with a sagged double membrane (Figure 1F). The nanoparticle tracking analysis further confirmed that the exosome diameters were 30–150 nm (Figure 1G). These results indicated that exosomes were successfully purified from all plasma samples.

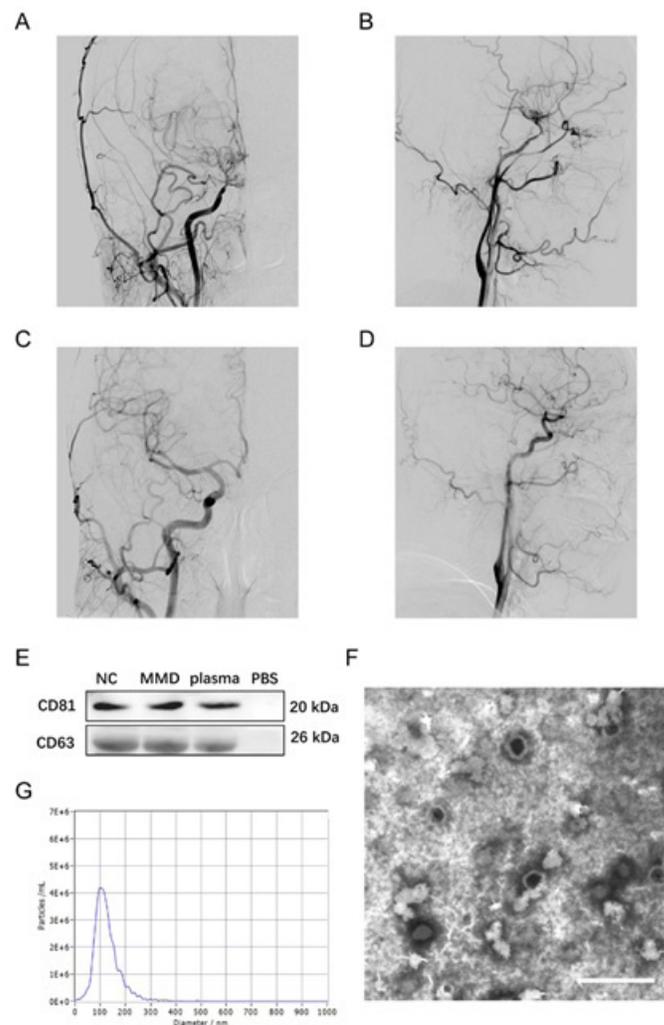


Figure 1: Digital subtraction angiography (DSA) images and characterization of exosomes in plasma of moyamoya disease patients. (A-B) Digital subtraction angiography (DSA) images of moyamoya disease patients. (C-D) Digital subtraction angiography (DSA) images of non-moyamoya disease patients. (E) The protein levels of CD81 and CD63 in exosomes were analyzed by western blotting. (F) Transmission electron microscopy image of exosomes. Scale bar, 100 nm. (G) Size distribution of exosomes determined by nanoparticle tracking analysis. NC, normal control. MMD, moyamoya disease.

5.2. GO and KEGG Analyses of the Target Genes of Differentially Expressed miRNAs

Next, the raw data were obtained by high-throughput sequencing. The connectors at both ends of the reads were cut off by cutadapt software, and the reads with lengths greater than 17 nt were retained. The basic quality information on the reads showed that they can be used for subsequent data analyses (Table 2). The expression of miRNAs was quantified based on the RPM value, which is the number of reads from a gene per million reads. The RPM value eliminates the effect of sequencing depth on read counts (Figure 2A). A total of 1002 differentially expressed miRNAs were identified based on false discovery rate < 0.01 and fold change > 2. These, include 585 upregulated and 417 downregulated miRNAs (Figure 2B-C). The most significantly differentially expressed miRNA was miR-574-5p, which was significantly elevated in plasma exosomes of moyamoya disease. Target genes of differential miRNAs were predicted via the TargetScan database. A Gene Ontology (GO) analysis and Kyoto Encyclopaedia of Genes and Genomes (KEGG) pathway analysis were conducted to explore the function of the target genes of differentially expressed miRNAs.

The results of GO analysis, indicated that these differentially expressed miRNAs were primarily associated with biological process terms, including nervous system development, regulation of cellular metabolic process, positive regulation of RNA metabolic process and neuron differentiation (Figure 3A). They were also enriched in cellular component terms, including intracellular membrane-bound organelle, synapse part and neuron projection (Figure 3B). Molecular function terms include transcription regulatory region sequence-specific DNA binding and transcription regulator activity (Figure 3C). The KEGG pathway analysis for these target genes showed that they were mainly enriched in axon guidance, regulation of the actin cytoskeleton and the MAPK signalling pathway (Figure 3D). There were 63 exosomal miRNAs involved in the axon guidance, regulation of actin cytoskeleton and MAPK signaling pathway (Figure 3E). Among these, the different target genes of 59 exosomal miRNAs were associated with the three pathways at the same time, especially with regulation of actin cytoskeleton (Figure 3F). Function predictions and pathway analysis of target genes of differentially expressed miRNAs could provide insights to help regulate the actin cytoskeleton in the pathogenesis of moyamoya disease.

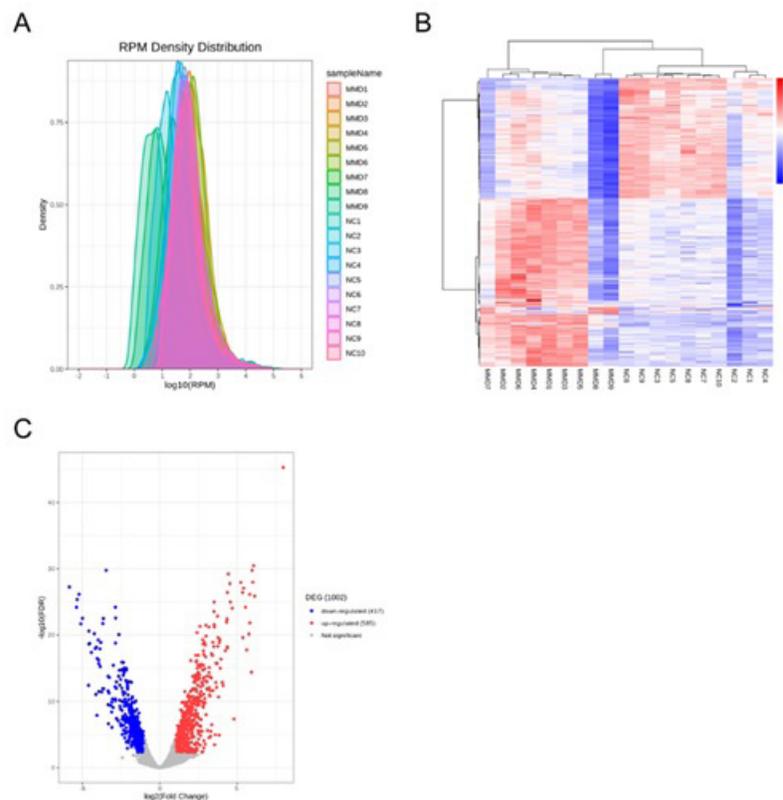


Figure 2: The expression of miRNAs analysis. (A) RPM density distribution. (B) Heatmap of significantly differentially expressed miRNAs between moyamoya disease patients and healthy control group. (C) Volcanic map of significantly differentially expressed miRNAs between moyamoya disease patients and healthy control group. NC, normal control. MMD, moyamoya disease.

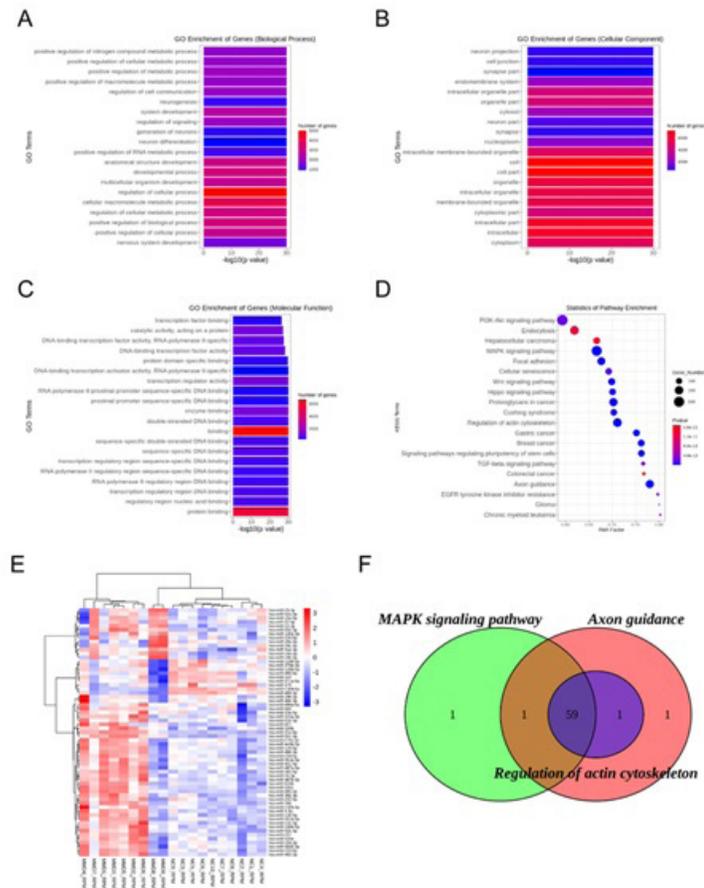


Figure 3: Enrichment analysis of target genes of significantly differentially expressed miRNAs. (A-C) GO enrichment analysis of target genes of differentially expressed miRNAs in biological process (A), cellular components (B), and molecular function (C). (D) KEGG enrichment analysis of target genes of differentially expressed miRNAs. (E) Heatmap of differentially expressed miRNAs involved in the axon guidance, regulation of actin cytoskeleton and MAPK signalling pathway. (F) Venn diagram of differentially expressed miRNAs involved in the axon guidance, regulation of actin cytoskeleton and MAPK signalling pathway. NC, normal control. MMD, moyamoya disease.

Table 2: Sequencing data output statistics and quality control.

Sample Name	Raw Reads	Clean Reads	Q20	Q30	GC%
MMD1	13394601	11470036	0.994038	0.979452	0.541002
MMD2	16789838	15597279	0.993253	0.977721	0.543984
MMD3	19767133	14471822	0.993802	0.979251	0.541744
MMD4	10192610	8096998	0.994197	0.979526	0.552548
MMD5	13430381	11318666	0.993618	0.978735	0.542509
MMD6	19573465	17755102	0.994607	0.98019	0.538964
MMD7	20702651	17529882	0.99429	0.980239	0.527753
MMD8	18527733	17109638	0.99283	0.977045	0.502724
MMD9	21319758	20473411	0.993715	0.978213	0.487527
NC1	12058148	11396788	0.984477	0.949508	0.552691
NC2	37649858	36311886	0.990424	0.966974	0.548631
NC3	21111513	18796751	0.989343	0.965364	0.566005
NC4	35556828	29895610	0.986185	0.954861	0.548253
NC5	11792452	11097666	0.985199	0.951597	0.559581
NC6	15052720	4073973	0.992414	0.974378	0.585476
NC7	11093372	5542318	0.992088	0.973208	0.580912
NC8	10618213	7722455	0.991523	0.972106	0.588273
NC9	11282238	7778548	0.992302	0.974028	0.582235
NC10	30780243	20582756	0.992305	0.974105	0.583265

5.3. Prognosis of Potential Biomarkers by Receiver Operating Characteristic Curve and Area Under Curve

To further screen potential biomarkers of moyamoya disease, the area under the curve of the Receiver Operating Characteristic (ROC) curve was used to evaluate the sensitivity and specificity of biomarkers for predicting events. The sensitivity and specificity of each miRNA were determined by the optimal threshold of the Area Under the Curve (AUC). AUC of ROC were carried out determining the diagnostic values of these 63 miRNAs involved in the axon guidance, regulation of actin cytoskeleton and MAPK signaling pathway. Ten miRNAs (miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-489-3p, miR-501-3p, and miR-487b-3p) had significantly differentiated expressions in moyamoya disease patients as compared with healthy controls based on AUC value above 0.9 and sensitivity and

specificity above 0.8 (Figure 4). To further explore the expression of these exosomal miRNAs as potential biomarkers of moyamoya disease, RT-QPCR was performed to detect the levels of these exosomal miRNAs extracted from the plasma samples of 9 moyamoya disease patients and 10 healthy individuals. These ten microRNAs showed the same expression patterns obtained from the high-throughput sequencing analysis. Hsa-miR-34a-5p, Hsa-miR-19a-3p, miR-22-3p, miR-196a-5p, miR-320b, miR-485-3p, miR-487b-3p, and miR-501-3p were up-regulated, and miR-489-3p and hsa-miR-1306-5p were downregulated (Figure 5). These results indicated that these exosomal miRNAs are potential biomarkers that may participate in the regulation of the actin cytoskeleton in moyamoya disease. In summary, the analysis of the differentially expressed exosomal miRNAs in plasma revealed that they may have a functional role in the pathogenesis of moyamoya disease.

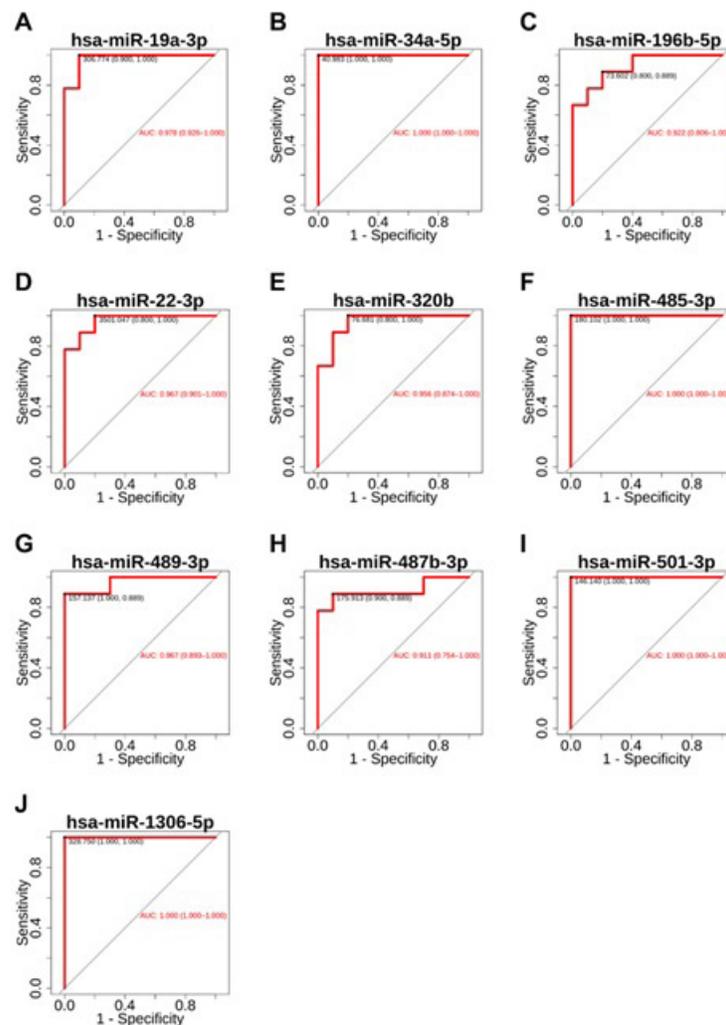


Figure 4: AUC analysis of receiver operating characteristic (ROC). The 10 miRNAs (miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-487b-3p, miR-489-3p, miR-501-3p) with both the sensitivity and specificity above 0.8.

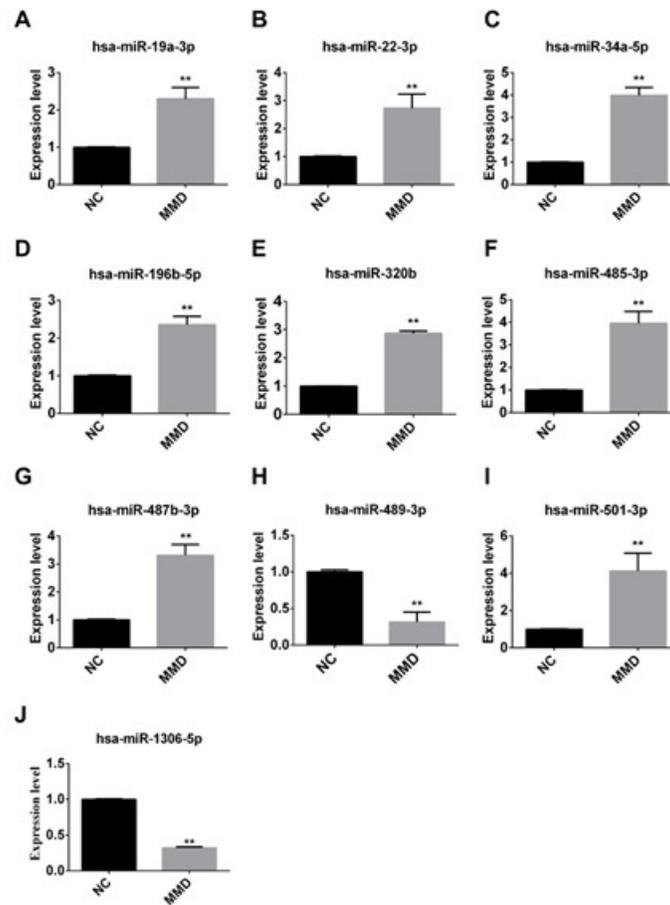


Figure 5: Levels of miRNAs analyzed by RT-QPCR. The different expression levels of ten miRNAs (miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-487b-3p, miR-489-3p, miR-501-3p) between moyamoya disease patients and healthy individuals. NC, normal control. MMD, moyamoya disease. The data represent the mean \pm S.E.M. of three independent experiments. * $P < 0.05$, ** $P < 0.01$.

6. Discussion

In this study, we established a method for screening moyamoya disease-specific miRNAs from plasma exosomes. Although many studies have shown that secreted miRNA may represent potential biomarkers for many diseases, few studies have analysed the role of plasma-secreted miRNAs in moyamoya disease [15]. To the best of our knowledge, this is the first successful study which obtained exosomal miRNAs from a large number of plasma samples and conducted a high-throughput sequencing analysis of the miRNAs. These miRNAs can be used as biomarkers of clinical moyamoya disease due to their involvement in the pathogenesis of the disease. Moyamoya disease is a disease of the central nervous system, and the molecular changes in cerebrospinal fluid may reflect the molecular conditions of the central nervous system [17]. But extracting exosomes from cerebrospinal fluid is not convenient task [18]. Moreover, cerebrospinal fluid cannot be extracted for patients in certain age groups, and certain ethical restrictions may also apply [19,20]. Therefore, biomarkers in peripheral blood represent a valuable method of performing humoral diagnoses. In

addition, miRNA derived from plasma exosomes can also prevent RNase degradation. Through the miRNA analysis of peripheral blood exosomes, we can develop a non-invasive rapid detection kit for the early diagnosis of moyamoya disease.

Early studies have identified some miRNAs that are very meaningful for the diagnosis and treatment of moyamoya disease [21,22]. Dai et al. performed miRNA microarray analyses on serum samples from patients with moyamoya disease and a control group, and found that miR-106b, miR-130a and miR-126 were significantly upregulated while miR-125a-3p was significantly downregulated [23]. These differentially expressed miRNAs may synergistically inhibit the expression of RNF213 and BRCC3 proteins at the posttranscriptional level, thereby resulting in angiogenesis defects and moyamoya disease [24]. In this study, exosomal miR-130a-3p and miR-130a-5p were significantly upregulated in moyamoya patients while miR-106b, miR-126 and miR-125a-3p did not show significant differences in expression. This result suggested that plasma exosomal miR-130a-3p and miR-130a-5p may have a certain impact on the pathogenesis of moyamoya disease. In addition,

angiotensin II may induce miR-574-5p secretion in the extracellular vesicles of vascular smooth muscle cells [25]. Previous studies have found that the expression of miR-574-5p decreased in cerebrospinal fluid [15]. But in this study, we found that the expression of miR-574-5p in plasma exosomes was significantly increased. This finding is very interesting and we suspect that there may be differences in the contents of exosomes between the cerebrospinal fluid and plasma. Further follow-up verification is needed to verify the possible mechanism underlying this difference. Wang et al. showed that MiR-92a-3p, miR-486-3p, miR-25-3p, and miR-155-5p in cerebrospinal fluid may predict angiogenesis after indirect bypass surgery in moyamoya disease patients [26]. In this study, we also found that exosomal miR-92a-3p, miR-486-3p, miR-25-3p, and miR-155-5p in plasma were increased in moyamoya disease patients. This result indicated that these four exosomal miRNAs could be used as prognostic markers of moyamoya disease.

Moreover, in this study, miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-489-3p, miR-487b-3p, and miR-501-3p had high sensitivity and specificity for predicting moyamoya disease, and may serve as biomarkers of moyamoya disease. Transfection of miR-1306-5p mimics eliminated the inhibitory effect of SNHG7-003 overexpression on the proliferation and migration of vascular smooth muscle cells [27]. MiR-34a directly regulates the expression of the target gene sirtuin 1 (SIRT1), which interacts with C2DAT1 to affect the proliferation and migration of vascular smooth muscle cells [28]. MiR-34a-5p participates in autophagy of human coronary artery endothelial cells induced by chronic intermittent hypoxia through the Bcl-2/Beclin1 signalling transduction pathway [29]. MiRNA-34a-5p reduces the expression of VEGFA in endometrial stem cells involved in the pathogenesis of endometriosis [30]. In addition, microRNA-34a promotes endothelial dysfunction and mitochondrial-mediated apoptosis in a mouse model of acute lung injury [31]. Under hypoxia, an inhibitor of miR-485-3p can promote the proliferation of human microvascular endothelial cells [32]. Higher expression of exosomal miR-501-3p promotes vascular sclerosis [33]. These previous results support the findings of our study, in which the imbalance of miRNA expression has an impact on moyamoya disease, but it still needs to be confirmed by protein level and mechanism-based analysis.

In this study, the top three signalling pathways enriched by the target genes of the differentially expressed exosomal miRNAs were axon guidance, regulation of the actin cytoskeleton and the MAPK signalling pathway. A proteomic analysis of the serum exosomes from patients with moyamoya disease showed that 859 shared proteins were detected in the serum exosomes from patients with ischaemic and haemorrhagic moyamoya disease, and 231 of which were different from those in the healthy controls [34]. A bioinformatics analysis of these proteins revealed a protein imbalance and actin dynamics disorder related to cell growth and maintenance

in moyamoya disease [35]. This finding further supported our results that plasma exosomal miRNAs, as potential biomarkers, may be related to the regulation of the actin cytoskeleton of vascular endothelial cells, which might contribute to the pathogenesis of moyamoya disease.

7. Conclusions

In this study, we identified for the first time the miRNA expression profile of plasma exosomes in patients with moyamoya disease by high-throughput sequencing approach. It has been found that the regulation of actin cytoskeleton pathway may be involved in the pathogenesis of moyamoya disease. Moreover, this study found that some exosomal miRNAs, such as miR-1306-5p, miR-196b-5p, miR-19a-3p, miR-22-3p, miR-320b, miR-34a-5p, miR-485-3p, miR-489-3p, miR-487b-3p, and miR-501-3p might serve as are potential biomarkers for the diagnosis of moyamoya disease in future studies and mediate the pathogenesis.

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